METRO/A17
NBI blows lid on bogus law enforcement agency; leader arrested

BUSINESS/B1
Forex reserves hit record $20B, help keep peso stable

NEWS/A16
Joker hits P3-B cut in human rights victims' compensation from P118 of Marcos loot

NEWS/A3
Batangas governor's driver key in solving assassination attempt

Villar assured of Senate presidency on July 24

By Juliet Labog-Javellana

IT'S SENATE PRESIDENT MANUEL VILLAR.

Villar was assured of the top Senate post yesterday after he secured the support of at least 14 of his colleagues, including Senate President Franklin Drilon. Villar needed only 13 votes to succeed Drilon.

Drilon confirmed he had signed the resolution endorsing Villar as the next Senate president, but

VILLAR/A4

PHILIPPINE DAILY INQUIRER
BALANCED NEWS, FEARLESS VIEWS
Thursday, June 8, 2006 ★★ 5 sections / Vol. 21 / No. 180 P18 website: www.inq7.net

Convicted ex-lawmaker's trips out of jail questioned

By Armand N. Nocum

FORMER OCCIDENTAL MINDORO REP. JOSE Villarosa, who has been convicted of masterminding the murder of two brothers in 1987, was being allowed by prison officials to go to hospitals without court orders to meet certain people and hold press conferences, the father of the victims has charged.

CONVICTED/A4



BOOBOO: President Estrada points to a lump on his brow as he leaves the Sandiganbayan after taking the witness stand in his defense for the eighth time in the past three months.

PSG linked to torture of 'Erap 5'

Senate told it was also AFP-PNP operation

By Juliet Labog-Javellana

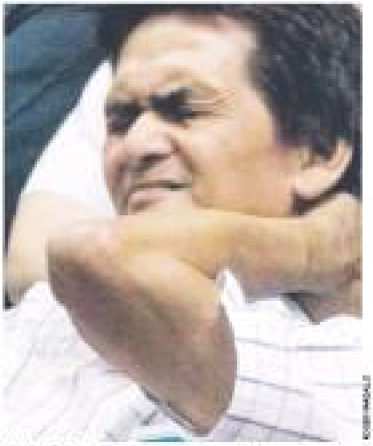
TWO POLICE OFFICERS who took part in the warrantless arrest of five supporters of ousted President Joseph Estrada were identified at the Senate yesterday, but their companions from the Intelligence Service of the Armed Forces of the Philippines (Isafp) remained unnamed, with military officials snubbing the hearing for the second time.

At the resumption of the inquiry of the Senate defense committee, its chair Sen. Rodolfo Biazon said he had been informed that two members of the Presidential Security Group were part of the team that abducted and allegedly tortured the five Estrada supporters on May 22.

"There are names [of PSG men] I am checking out," Biazon said, adding that the two were in active service with the elite unit in charge of President Macapagal-Arroyo's security.

On questioning by Biazon, lawyer Virgilio Pablico said the

PSG LINKED/A11



HURTING: Ruben Dionisio, one of the "Erap 5" who was allegedly tortured by his captors from AFP intelligence, grimaces in pain during the continuing Senate inquiry into the mysterious abduction and detention of the five men on May 22. He arrived in a wheelchair.

Erap says GMA video proof of conspiracy

By Nelson Flores

WRAPPING UP HIS DEFENSE IN his plunder trial, ousted leader Joseph Estrada yesterday presented a video of President Macapagal-Arroyo to prove that his successor had conspired with military and police officers to depose him and grab power.

Estrada, 69, took the witness stand in his defense for the eighth time in three months before the Sandiganbayan Special Division adjourned the hearing. Government prosecutors will continue with their cross-examination of Estrada next week.

The highlight of Wednesday's hearing was the defense presentation of a three-minute video of Ms Arroyo making a speech before the Council of Philippine Affairs (Copa) in February 2001, a month after Estrada was toppled in the bloodless military-backed revolt that became known as "Edsa II."

In impromptu remarks about her predecessor's ouster, Ms Arroyo told Copa members that she was introduced in January 2000 to "a group who already then was working for eventual withdrawal of support" from Estrada.

ERAP SAYS/A11



'Character' meets 'traitor' at trial

By Nelson F. Flores

ONCE THE BEST OF friends, former President Joseph Estrada and businessman Mark Jimenez now have nothing good to say about each other.

CHARACTER/A11

Death convicts not eligible for parole, says Congress

By Philip C. Tubeza, Christine O. Avendaño and Leila B. Salaverria

CONVICTS ON DEATH ROW WILL be spared the lethal injection but will not be eligible for parole, a report of the bicameral conference committee said yesterday.

The Senate and the House of Representatives came out with a reconciled version of their respective bills less than 24 hours after each chamber abolished the death penalty.

President Macapagal-Arroyo can sign the abolition of the death penalty into law anytime after the Senate and the House of Representatives approved the reconciled version last night.

The Senate ratified the measure last night.

Sen. Joker Arroyo, chair of the Senate committee on justice and human rights, said a bicameral conference committee broke tradition and held a teleconference yesterday and approved the final version of the bill repealing capital punishment.

The bicameral report states that convicts sentenced to reclusion perpetua, or a prison term of up to 40 years, in lieu of the death penalty, will not be paroled, according to Albay Rep. Edcel Lagman.

Lagman said the report was ex-

DEATH/A6

US won't allow 4 agents to testify at rape trial

By Tarra V. Quismundo and Volt Contreras

ASSERTING AUTHORITY OVER the world's superpower, a judge of the Makati Regional Trial Court yesterday directed the US Embassy and US military officials to justify their "failure to produce" four naval investigators summoned to testify against the four American Marines charged with raping a Filipino woman.

Judge Benjamin Pozon of the Makati RTC Branch 139 said in open court that the US Embassy and US military officials should "explain and show the court the basis of their claim" of diplomatic immunity for prosecution witnesses Ronald Bela, Tony Barnes, Brian Carley and Guy Papageorge, all agents of the US Naval Criminal

US WON'T/A15

WORLD OCEAN DAY

RP is center of marine fish biodiversity in world

By Blanche S. Rivera

AUSTRALIA'S GREAT BARRIER Reef may be the largest, most famous dive site in the world, but those who brave adverse travel advisories to delve deep into Philippine waters have the best bragging right, after all.

The Philippines is the center of marine fish biodiversity and the home of the most diverse marine ecosystem in the world, a recent study by American biologists Kent Carpenter and Victor Springer revealed.

The study titled "The Center of the Marine Shore Fish Diversity: The Philippine Islands," was published last year in the Environmental Biology of Fishes Journal No. 72 and cited in the latest Philippines Environment Monitor (PEM) published by the World Bank.

"We marvel at the Great Barrier Reef, but did you know that a group of some 100 scientists has said that the Philippines is the center of marine biodiversity in the world?" former Environment Secretary Elisea Gozun said in her presentation of the status of the country's coastal and marine resources at the Philippine Plaza Hotel yesterday.

Before the publication of Carpenter's and Springer's study, Wallacea in Indonesia was considered the center of marine bio-

RP IS CENTER/A6





VIRGIN-SHAPED island between Cebu and Bohol where a small fishing village (upper part) is isolated by a long stretch of sand bar. (At right, top) Puerto Galera attractions: Sea urchin, one of the many underwater attractions at the Puerto Galera Bay in Oriental Mindoro, which is now a member of the prestigious Club of the Most Beautiful Bays in the World and (middle), rare "Chelonia mydas," turtle of the Philippine Sea. (Bottom) Creatures at the San Miguel Marine Reserve in Albay.

Palace on budget: All or nothing



WHERE THE BUDGET IS CONCERNED, IT'S ALL or nothing, was the emphatic message from Malacañang yesterday.

CA bypasses 'Hello Garci' general

'No budget, no election'

Cost of clean '07 polls: $70M

Sanchez driver key to Batangas bombing probe



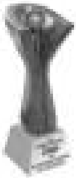
SANCHEZ



BIR eyes realty tax evaders







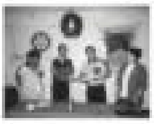
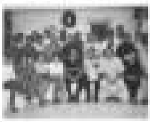
ROTARY CLUB OF MANILA, Since 1919, First in Asia AND
METROBANK FOUNDATION, INC.

The Outstanding Workers of the Republic '06

"Pagkilala sa Kusa't Galing ng Manggagawang Pilipino"

[PROVINCIAL LAUNCHING]




TOWER in a Nutshell





[MESSAGES]















[TOWER 2006 AWARDEES]

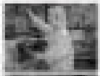



BALLERA, ROLANDO C.

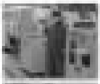
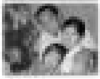


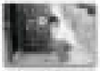
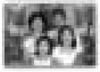

GIMANG, ANTONIO Delos Reyes

MACADINI, MARIA CHRISTINA

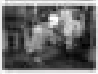



TULANG, BRANDO B.

ZALDUA, JERRY Del Valle

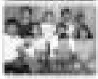



HUERTE, MARCIAL N.

OLIPENDO, DEOLINDO B.




ANDOLING, GERMAN D.




GALANG, ALEXANDER M.

[SPONSORS]

WHO WANTS RUBBER STAMP PARLIAMENT?

Sotto, Pangilinan warn of perils of Cha-cha



UNITED AGAINST CHA-CHA.

RP-Aussie VFA close to conclusion

Death convicts not eligible for parole, says Congress

[illegible]

Executive clemency

[illegible]

Celebrate life

[illegible]

Deep appreciation

[illegible]

Stop extrajudicial killings

[illegible]

Suddenly, death convicts have future

[illegible]

Thanksgiving

[illegible]

Vocational courses

[illegible]

Villar assured of Senate presidency

[illegible]

Convicted ex-lawmaker's trips out of jail questioned

[illegible]

Radio interview

[illegible]

'Life and death'

[illegible]

Vinarao defended

[illegible]

Ombudsman

[illegible]

RP is center of marine fish biodiversity in the world

[illegible]

Second largest reef

[illegible]

World Ocean Day

[illegible]

Most threatened

[illegible]

Correction

[illegible]

Albay, Sorsogon govs seek Lafayette restart

PNP, FBI working on crime database



JUNGLE FIGHTERS

RP poverty level down; Muslims are top gainers

House committee OKs bill vs torture

By Michael Lim Ubac



Killings meant to drive them underground, say militants

Priest fears rightist witchhunt

PHILIPPINE DAILY INQUIRER
OPINION

Fooling the people

EDITORIAL



'Bottled pap'

VIEWPOINT

Juan L. Mercado

Tongue-tied

THERE'S THE RUB

Conrado de Quiros

Great 'pabaon' for GMA

Political Tidbits



Belinda Olivares-Cunanan

[illegible]

Letter from East Timor

Human Face



Ma. Ceres P. Doyo

[illegible]

June began in May

The Long View



Manuel L. Quezon III

[illegible]

For the kids

Young Blood

Allan Christopher R. Beltran

[illegible]

Notice to Youngblood contributors:

[illegible]

US' forgotten workers from Subic

LETTERS

[illegible]

New impeachment move to show GMA, congressmen in dread of truth

[illegible]



[illegible]

A living reminder of moral uprightness shines amid poverty

[illegible]

Stupendous lack of propriety

[illegible]

Rapu-Rapu in the claws of reckless mining

[illegible]

David's patriotism

[illegible]

Across the NATION

Board declares Bulacan mining illegal

THE PROVINCIAL BOARD OF BULACAN ON Monday declared illegal the 25-year Mineral Production Sharing Agreement (MPSA) of a company extracting marble in an area within the Biak na Bato National Park.

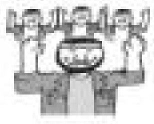


EARLY BIRD

Roundup

Malaria strikes villages

65 More rebs surrender



ARMM cop busted for drugs

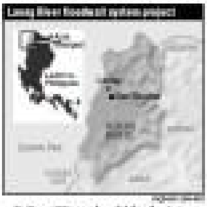
3 NPA leaders yield

Village exec sued for poll cheating

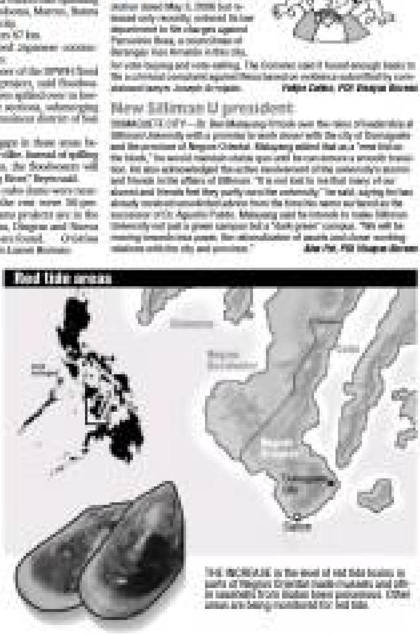


New Silliman U president

Japan-funded flood control project completed



Red tide found in Negros town seashells



INQUIRER Southern Luzon



Baguio 'walis-tambo' rooted in Catanduanes

FOR OVER 50 YEARS, tourists and other buyers of that lovely household cleaning tool called the walis-tambo (soft broom), its wooden handle emblazoned with "Baguio City," never knew where the material really came from.

Beginnings

Capital

New priorities



PSG linked to torture of 'Erap 5'

3 fractured ribs

Kitchen sink

EO 464

Electricity on his genitals

Agrees to confess

Hit list

Erap says GMA video proof of conspiracy

'Irrelevant, immaterial'

Concrete evidence

Cross-examination

'Prosecution not ready'

'Character' meets 'traitor' at trial

'Let him suffer'

Teams up with Chavit

Wish: Life in jail

Prosecution witness?

'Already guilty'

US won't allow 4 agents to testify at rape trial

Suppressing evidence

10 minutes before closing

Gag order

Task Force Subic

EZ2 28 1

SUERTRES 7 9 1

FOUR DIGIT 0 8 8 7

News

MEGALOTTO 6/45 10 13 15 17 25 28 ₱42,798,394.80

Cut in human rights compensation hit

ADMINISTRATION SEN. JOKER ARROYO YESterday questioned the sharp reduction in the amount allocated as compensation for human rights victims during martial law after the House of Representatives approved a bill allocating only P8 billion from the Marcos' ill-gotten wealth.

SC affirms 1017 ruling; Palace is unrepentant

Aplus METRO

What's Inside







NBI busts fake lawmen's agency; 3 nabbed in raid

Group claims links to Palace, 6,000 nationwide membership





Pre-need firms collapse makes OFWs of wives



RISKY BUSINESS

MetroBriefs

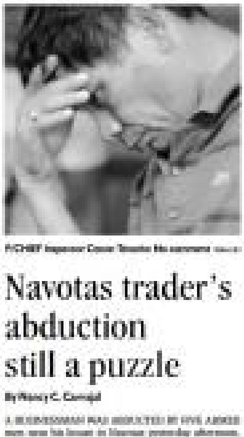
Robbers use new tactic



Suspected drug den busted

Back to school, finally

Suspect in Naia killing mum about his motive



'Reyes is the man to clean up Pasig'



ENVIRONMENT Secretary Reyes

Navotas trader's abduction still a puzzle

A daughter's plea for financial support

On Target



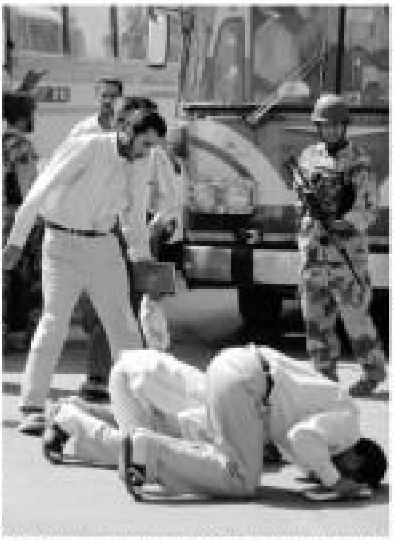


1-DAY CONCERT

Annan: World migration a boon to countries

Protesters ask E. Timor PM to resign

US troops accused of new civilian killings in Iraq



'CIA knew where Nazi was hiding'

Australian fossil mounds may show life over 3.4 B years ago

Mahathir accuses successor of betrayal



MAHATHIR

WORLDBRIEFS

Landless attack Brazil's Congress

3 Korean workers abducted in Nigeria

Hundreds arrested in Chile

Terror suspects in Canada court



ANTI-BULLFIGHTING PROTEST

The WORLD

Iran's response to nuke offer elates US

VIENNA—THE UNITED STATES WELCOMED AS a positive sign Iran's cautious response to an international proposal to resolve the crisis over its disputed nuclear drive.

Iraq frees nearly 600 prisoners

Malaysia set to put first citizen in space

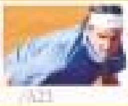
SPORTS

Editor Teddyvic S. Melendres

Toyota, Harbour title series on /A22

Rivera, Oatario pace Masters /A23





WHAT'S INSIDE

Federer gains French Open semifinals /A24

Belasco triple caps mighty Alaska rally



TONY Dela Cruz of the Alaska Aces tries an underguard stab against the umbrella-like defense of Coca-Cola Tigers forward Billy Mamaril.

Toyota-Harbour title series on



NAS regular venue of 82nd NCAA season

CAR set to return Palaro medal after discovering cheating

Iligan five steps up bid, trims Iloilo

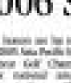
FVR, Romero to open 2006 Seniors golf

2006 WORLD SLASHER CUP II AT THE BIG DOME JUNE 13, 15 & 17



Open letter to MVP

SPECTATOR



Torre grabs share of lead

Filipino GM posts 2nd straight win in San Marino



TORRE: Frontrunner



2 GMs fight over Arianne's attention

Rivera, Clutario pace Masters

By Marc Anthony Reyes



Lady Archers stay unbeaten

Bobby Pacquiao ready to defend regional title

POC wants new polls for Tatap, softball

Benitez shows way

Guidicelli captures 1st TC race



GUIDICELLI: Breakthrough win

Cebuana MSSL champion

SPORTSWATCH

LPC cocktail: 120 fights today, Thursday

Jet ski final leg reset to June 24

SPORTS

Federer gains French Open semis



ROGER Federer's dominance has left almost everyone playing in his shadows.

PARIS—ROGER FEDERER'S EIGHT CONSECUTIVE TRIPS TO the semifinals at Grand Slam tournaments is the second-longest streak in the Open era.

Vaidisova's rolling on clay



CZECH Republic's Nicole Vaidisova is becoming tennis' new poster girl.

Riley's retooled roster intensifies Miami Heat



NOWITZKI: No two bad games in a row.

Dirk's best asset is bouncing back



FRENCH midfielders Zinedine Zidane (left) and Patrick Vieira laugh around while sharpening up for the coming World Cup.

Ronaldinho asks World Cup refs: Take care of Brazilians

Schumacher targets 'Silverstone' double

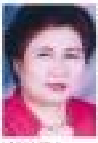
Entertainment


COUNSELOR Randy Dellosa and Teen Edition winner Kim Chiu

'PBB' still in trouble with MTRCB

By Bayani San Diego Jr.

ALTHOUGH THE ABS-CBN REALITY SHOW "Pinoy Big Brother: Teen Edition" concluded its 43-day run on June 3, it's still in trouble with the Movies and Television Review and Classification Board.


LAGUARDIA

The MTRCB earlier investigated a purported violation committed on the show, and met on June 1 with the show's representatives—Lauren Dyogi, director; Florida Yao, head of Programming and On-Air Operations; Randy Dellosa, resident psychologist; and lawyer Mona Macaraig.

As a result of the June 1 hearing, Yao wrote a letter, dated June 5 and addressed to MTRCB chair Ma. Consoliza P. Laguardia, presenting the network's side.

Agents' memo

The hearing had stemmed from a memo written by two MTRCB special agents dated May 15. In the memo, the agents noted that "two housemates talked about a sensitive issue with a sexual theme."

Contained in the same memo was a transcript of the conversation between housemates Paul Parawan and Mikee Lee and Big Brother, aired on May 11. The topic: Self-pleasure.

In the June 5 letter, Yao asserted that "the discussion ... about biological urges should be taken within ... context."

She continued: "The subject is a legitimate concern among teenagers, and is dealt with as part of sex education classes as early as the elementary grades."

She said the two housemates, whom she described as "sensible, educated, decent and well-mannered," had opened up to Big Brother "about their urges" by way of seeking guidance from an adult.

Clinical, mature

Yao pointed out that the discussion "was immediately followed [up] by the professional opinion of the program's resident psychologist ... who explained that, while it was natural for teenagers ... to experience sexual urges, it was also possible to provide [them] with [helpful] activities" like daily tasks and sports.

In fact, she said, this was addressed by the program in subsequent episodes.

Yao reiterated that all this "was done by the show in a clinical, mature and serious manner."

Dellosa informed Inquirer Entertainment about the male housemates' predicament as early as two weeks ago.

The counselor said: "The boys are having difficulty with sexual urges. The housemates have even come up with code names for it—like 'emergency habit' and 'exposure'—just as they have coined the term 'jugjugan' for defecating. I just want to stress that these urges are natural, but one need not act on them."

Teens speak

When the Teen Finalists guested on "PBB on Studio 23: Gabil si Baya Sabarkado Mo" last Monday, host Asia Agcaoili asked big winner Kim Chiu about "breaking wind."

Chiu answered, "It's something done by everyone ... something natural."

Laguardia told Inquirer that the MTRCB has invited "PBB" representatives to another adjudication meeting within the month.

The MTRCB chief clarified the Board's position: "Although the 'Teen Edition' has ended, 'PBB' is set to start a new season in August. We don't want the same mistakes committed. On the finale show last weekend, words with double meaning were used. I believe the producers are testing the waters, trying to see how far they can go."

ROBINSONS MOVIEWORLD CINEMAS MOVIE GUIDE

CINEMA ACCESS
635-5555
FOR ALL BRANCHES

GALLERIA

1 THE DA VINCI CODE • TAX
2 CARS
3 THE INSIDE MAN
4 THE OMEN
5 TAKE THE LEAD
6 X-MEN 3
7 THE BENCHWARMERS
8 ALL ABOUT LOVE
9 MANAY PO
10 CHAOS

ERMITA

1 THE OMEN
2 MANAY PO
3 TAKE THE LEAD
4 ALL ABOUT LOVE
5 CARS
6 THE INSIDE MAN
7 X-MEN 3

METRO EAST

1 THE DA VINCI CODE
2 THE OMEN
3 X-MEN 3
4 MANAY PO
5 CARS
6 THE INSIDE MAN
7 TAKE THE LEAD
8 ALL ABOUT LOVE

NOVALICHES

1 THE OMEN
2 ALL ABOUT LOVE
3 THE DA VINCI CODE
4 CARS
5 X-MEN 3
6 MANAY PO

CITISQUARE MALABON

1 ALL ABOUT LOVE
2 X-MEN 3
3 RESERVE
4 RESERVE

PIONEER

1 THE OMEN
2 CARS
3 THE INSIDE MAN
4 TAKE THE LEAD

STA. ROSA

1 AQUAMARINE
2 CARS
3 MANAY PO
4 ALL ABOUT LOVE
5 THE DA VINCI CODE

LIPA

1 THE DA VINCI CODE
2 SILENT HILL
3 ALL ABOUT LOVE
4 MANAY PO
5 X-MEN 3

DASMARIÑAS

1 THE DA VINCI CODE
2 CARS
3 AQUAMARINE
4 MANAY PO
5 ALL ABOUT LOVE

ANGELES

1 THE OMEN
2 CARS
3 ALL ABOUT LOVE
4 MANAY PO

IMUS

1 THE OMEN
2 CARS
3 MANAY PO
4 ALL ABOUT LOVE
5 X-MEN 3
6 THE DA VINCI CODE

STARMILLS

1 CARS
2 THE DA VINCI CODE
3 ALL ABOUT LOVE
4 MANAY PO
5 X-MEN 3
6 THE OMEN

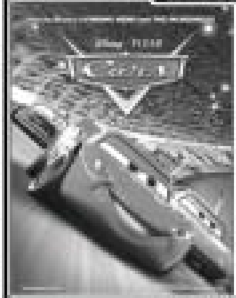
BACOLOD

1 AQUAMARINE
2 ALL ABOUT LOVE
3 BANDIDAS
4 THE DA VINCI CODE
5 X-MEN 3
6 OVER THE HEDGE

ILOILO

1 REINCARNATION
2 FAILURE TO LAUNCH
3 ALL ABOUT LOVE
4 THE DA VINCI CODE
5 X-MEN 3
6 MANAY PO

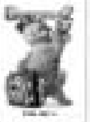
SM CINEMA movietime

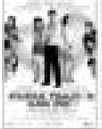


NOW SHOWING AT SM CINEMAS

Garfield 2:
A Tail of Two Kitties
June 15, 2006
SM Megamall Cinema 1

Kapag Tumibok
Ang Puso
(Not Once But Twice)
June 12, 2006
SM Mall of Asia Cinema 3





IMAX

[illegible]

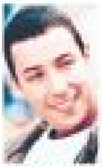


M.Y.M.P.
Fall in Love

JUNE 18, 2006 · SM MEGAMALL
SATURDAY · CINEMA 3 · 6:30 PM
with special guest NYOY VOLANTE

[illegible]

CHEER FACTOR



ADAM Sandler

Watch daddy!

LOS ANGELES—In the four weeks since he became a dad, Adam Sandler has learned at least one lesson: [illegible]

[illegible] Reuters

FEEDBACK

How dare!

[illegible]

Everything's coming up roses for Marvin

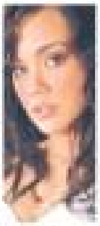
DOLLY WOOD



Dolly Anne Carvajal

Trading places

Just asking



LANI Pillinger

Secretly sweet

Enchanted search

Show biz Hi



MARIEL Rodriguez



DONITA Rose

Personal

PHILIPPINE DAILY INQUIRER

TV GUIDE

Thursday, June 08, 2006



TV SCHEDULES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

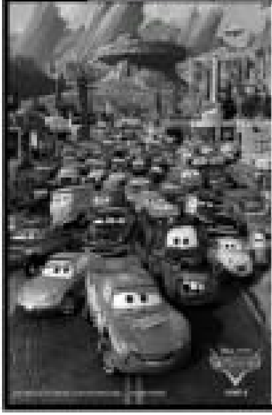
Wholesome gay angst



Review











'Manay Po' director Joel Lamangan isn't exactly big on subtlety but this comedy-drama, for all its faults, is still largely watchable

Paradox

Diversity

Saddened

ENTERTAINMENT

Maverick tips and tricks





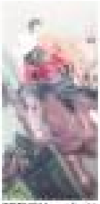


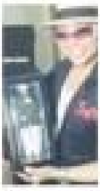
"SHADES should cover eyebrows."





OUT OF THE CLOSET







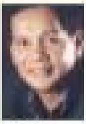
Toys

Clothes

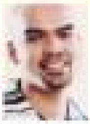
Hats

Shoes

Accessories



JOEY Marquez



BENJIE Paras

Joey slugs Benjie

RUSHES

What about Kris?

Where to, Edu?



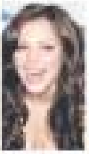
ROBIN Padilla

Yes, Boying!



PIA Guanio

Kat's man



KAT McPhee

First impressions on 'Calla Lily' and 'Captain Barbell'

VIEWFINDER



Nestor U. Torre

World theater festival

WHAT'S INSIDE

BUSINESS



Forex reserves hit record $20.85B



End-May level helps keep peso stable

THE COUNTRY'S GROSS INTERNATIONAL RESERVES surged to a record-high $20.94 billion in end-May from $20.85 billion a month before despite some outflows from the government's Brady bond buyback, the Bangko Sentral ng Pilipinas said yesterday.

Peso nears 53:$1 on US interest rate worries

CURRENCIES



PESO-DOLLAR RATE

STOCK MARKET

PSE COMPOSITE INDEX



If it ain't 'bulok'

BREAKTIME



Conrado R. Banal III

Forex . . .

Disclosures

Pump prices of diesel seen increasing by ₱1-₱2 per liter



By Abigail L. Ho

Net foreign buying soars to ₱25B

VAT law implementation boosted investor sentiment in Jan-May

By Elizabeth L. Sanchez

Stocks track Wall St. slump

RP gets $250K in World Bank grant for BIR

Camarines Norte pineapples on their way to South Korea

By Christine A. Gaylican

Merrill Lynch remains bullish on RP prospects

Bank says constitutional change is 'positive' move

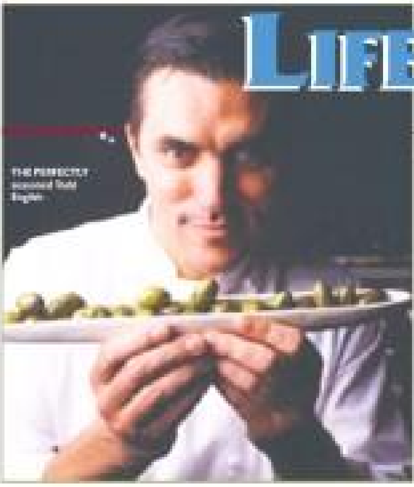
BELGIUM, LUXEMBOURG

Kidapawan growers to tap European market

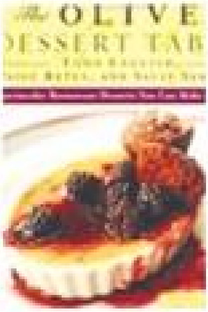
LIFESTYLE

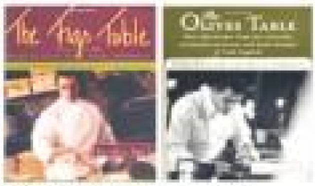
Father knows best

WEDNESDAY 2BU THURSDAY FOOD FRIDAY FASHION & BEAUTY

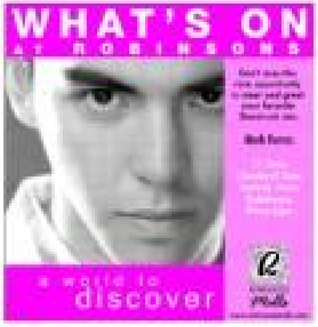


THE PERFECTLY seasoned Todd English





ASIAN AUTHOR. His cookbooks are critically acclaimed.



As delectable as his dishes

KITCHEN RESCUE

Reggie Aspiras

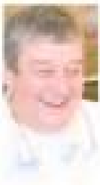




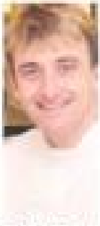




A taste of French spring













Mandarin's Tivoli is featuring dishes from French gourmet restaurant Le Robert II until June 11















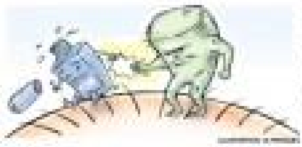
All wrapped up and ready to bake

STEP BY STEP





Ingredients



Hand sanitizers are not created equal

By Linda B. Bolido

The Consumer

New scam

Budget-friendly theme parties



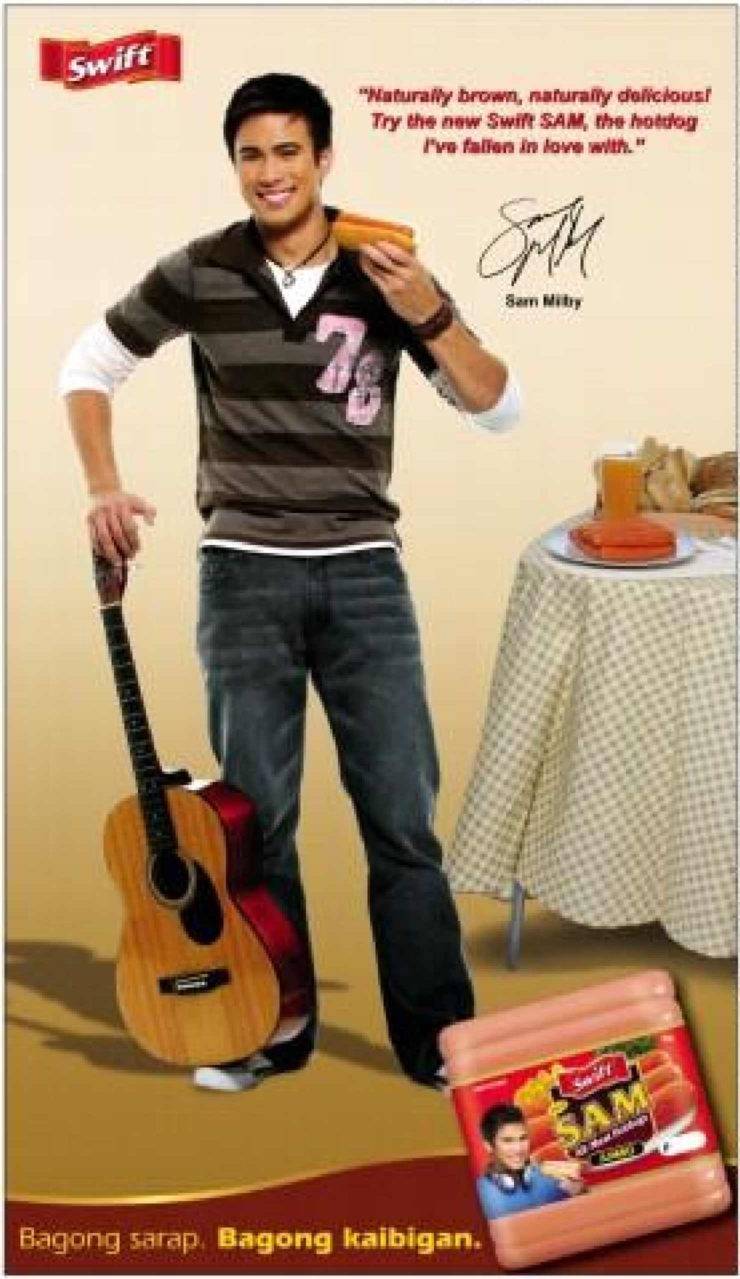
Resort getaway

Zen

American

It's Oooh-La-Lamb season again





Special cakes and favorite breads

[illegible]

Spanish tapas

[illegible]

CLASSES

[illegible]

Resto management

[illegible]

Brewing basics

[illegible]

Authentic Spanish

[illegible]

As delectable as his dishes

[illegible]



RICH and flavorful 'pinikpikan' /D4

LIFESTYLE



Sugar-free treats in 30 minutes

CULINARY EXPERTS Sylvia, Mirella and Ernest Reyanno-Gala have collaborated with Equal, the low-calorie sweetener, to develop tasteful and healthy recipes that can be done in only 30 minutes. Try either the Low-Calorie Chicken Barbecue or Low-Calorie Mango Cheesecake, or have both.

Low-calorie Chicken Barbecue



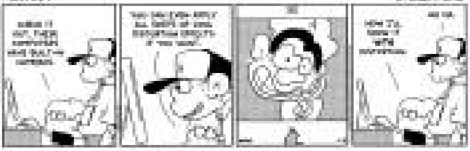
COOKING gurus Sylvia Reyanno-Gala (center), flanked by ... Equal brand manager ... and ... Equal business manager ...

Low-calorie No-bake Mango Cheesecake



THE LOW-CALORIE No-Bake Mango Cheesecake

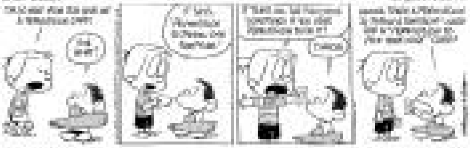
FOXTROT — BY BILL AMEND



A. LIPIN — BY JESS ABRERA



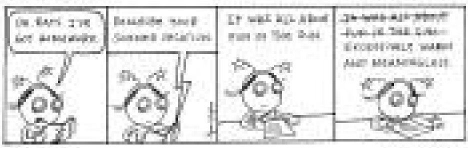
BABY BLUES — BY JERRY SCOTT



PUGAD BABOY — BY POL MEDINA JR.



ATOMO AND WENDY



MUTTS — BY PATRICK McDONNELL

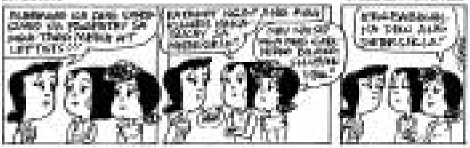


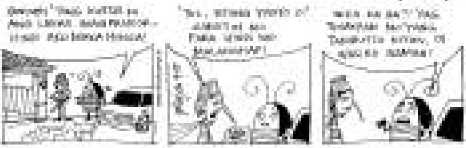
KIKO MACHINE — BY MANIX ABRERA

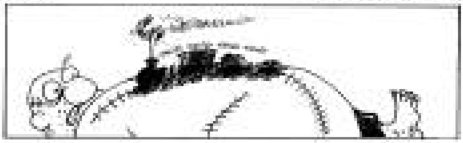


DIVINE COMEDY





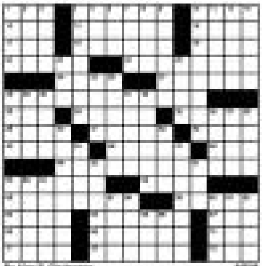


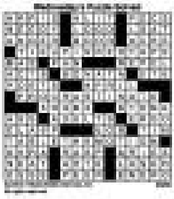


BEN



DAILY CROSSWORD





HOROSCOPE

CONCEPTIS SUDOKU

Conceptis Sudoku — by Dave Green

			6		5			
		5	3		8	9		
	7						3	
8	1			9			6	4
			4		1			
6	4			5			9	2
	9						4	
		8	1		9	2		
			2		6			

Difficulty Level ★★★

HOW TO PLAY SUDOKU

Answer to previous puzzle

[illegible]



[illegible]



[illegible]

Dine to sweet harmonies at Makati bistro

[illegible]

Dining out

[illegible]



[illegible]



Ringside view of 'pinikpikan' process

Country Cooking



Micky Fenix

Odd one

Bicolano 'expert'

Great cook

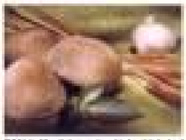




ROASTING is a part of the procedure.



THE RITUAL starts with the tapping of the chicken on the neck, under the wings and the inner thighs.



Scenes of old Manila

